



## WIND MASTERY PROGRAM MONTH FOUR

Renee: We're moving into a piece of work that is proprietary. It hasn't been shared in the world, other than in the people who've taken the courses. At this moment, I really haven't authorized anyone to teach it, primarily because we've been learning a lot about it and I haven't written the book yet. I just want to put that out there upfront, because a lot of people get very, very excited about this piece of work and yet we haven't connected all the dots. Now, what I call this is the Dynamic Wind Processes Of Creation.

When I was doing research, all of the wind gods and goddesses went back to the creation stories and the patterns of creation. As I started to look at them through our time, there was a real clear correlation between where these mythologies showed up and how they showed up in your life in terms of action, activities, and creation. This is the part of the alchemy mystery.

What I would say about it is that you're going to get information based on the information of the inventory and the other work that you've done, your relationship in the group, how you show up, what you're talking about, what you're working on, and that list that you just made of things that you wanted to create in the next few months. It would be really helpful if you would just put in the chat really quickly things that you plan on growing in the next few months. Oh yes, thank you for the beautiful song, Kerry. We'll have the words in that for you in your group.

If people would just kind of throw in the chat what you would like to plant this spring, what you're planning on really bringing into form in the next few months. It's a way of committing to it. Not your whole long laundry list, but if everyone would do one thing. Okay. A credit card or all your credit cards?

Wyatt: I only have one.

Renee: Okay. I'm reading them. I guess I could read them out loud a little bit. One of the things that I'm seeing here in all of what you're wanting to grow, very few of you have made a firm commitment to a number. Kaz says she wants to make charm bracelets. How many are you going to make? How many are you going to sell? A hundred? A thousand? The winds want to support you, but they would like you to be a little more specific. Growing your small group offerings. What does that mean? You want to do one small group a month? What would that look like?

Judy, get a little more specific on these. Not necessarily right now. Kerry, does this mean you're writing three stories a week, or how many are we really getting to? What would physical health look like? I'm just putting this out here. Growing a new home. Does that mean you're going to move or you want to sell this house? I mean, get a little more... A goal needs to be a little more measurable, achievable, all of those things. This is good that we're starting the dream, but then we're going to focus it. Mailing list. How many do you want to get? 2,000?

Family business. That could be something that you have any ideas yet? Maybe you'd be defining a good family business. Really listening to your body. How would you know if your body was talking? Restructure Michigan house and office. That kind of is very practical. We know what's that going to look like at the end. We're going to create a program using the wind goddesses. Well, this will be perfect for you this month, because you'll see how this fits in. Consulting business. What is your consulting business now and growing it is what? Do you want to double your income this month or in the next few months? Get a little more specific because we won't be able to measure it.

I don't know how many medical Reiki practitioners you have at this time, but if you make a number on it, I'd like to get 10 certified by the end of the year or 20 or whatever it is for you. Maybe a weekend away with my brother might seem to be a good way of measuring it. Find some way that you want to measure these. Shamanic practice. How many clients do you want a month? Drumming community monthly. To play the flute. We don't know where you're starting, so

maybe you're going to take some flute lessons, so 10 flute lessons. I don't know. I don't know what they are, so I can't really tell. This is one of the things about... Would self-care mean taking a full day off a week? They're kind of a little vague. I'm just telling you that. Oh, we want to trade up. We want to find a new house so I can sell this one. Okay, that makes sense. Do you see what I'm saying? That they just need to be a little... 15 people for a regular drum circuit. Now that's a SMART goal. Yes, I believe in SMART goals. Because otherwise, how do we know if we succeeded? We're going to get into this Dynamic Winds Of Creativity creation.

I've identified five of them. There might be a couple more, but we're not dealing with those because we're working with these five, and they're Chaos, Oppositional Forces, Process Order, Partnership With Nature, and Gestation. Today, we're going to look at each of these. While I'm going through them, you might want to pay attention to me, but you might also want to think about your inventory or think about how you just made this list. (Sammy is just really needy today. I don't know what's going on, but I'm going to just be with her neediness too.)

The way you can look at this is to, like I said, look at your inventories, look at your wind knots, look at how you made your prayer flags. These will all be indicators of which of these dynamics that are more prevalent in your life. Now, we tend to use one dynamic more than others, but we often use them, they could be more ordered or we could move from one to the next. But some of us get caught in one dynamic and don't know how to use another one, and that's part of this experience is to start to learn how to work with some other dynamics, as well as the one that you necessarily fall to.

The Chaos Creator will harvest the energy from the perpetual winds of creation. Best put is see all of these colors around here? I tend to create with some chaos, so I might really, which I did, I might really like that color purple. It's funny, I didn't even think about it until now. I might really like that color purplish on the side, and I might create a whole PowerPoint based on that color because the color talked to me. I pulled it out from the abyss and used it on the whole slide presentation.

With that idea of chaos, there's never-ending streams of ideas coming in from the well of creation. The people who create with chaos, the ideas are in their primal abyss where potential is formed and nourished but remain dormant until activated. I always believe that if I had the idea for 'Winds of Spirit', somebody else did too, but I activated it. The thing is a harvest could really elude you if you're a Chaos Creator because of its swirling messy nature. As a Chaos Creator, your role is to become the midwife and enter into the unknown womb to find order.

Some people just swirl in the chaos and never get out of it. For these people, the order becomes the enemy. Think about it as like if you're in a job, for example, and there's no chaos going on, that then you start to think: "Oh, this must not be a good job for me. I'm bored." You're looking for the next inspiration from the abyss to keep it exciting. It wouldn't surprise me that Chaos Creators probably like to be in the catering business or work in emergency rooms or places where there's a high stress because you never know what's coming at you in the next moment.

Imperfect creations really can get in the way of a good Chaos Creator and demons that could arise from the chaos. I just gave you this idea that it could get boring quickly or something looks exciting and then all of a sudden you get in the middle of it and say: "Oh my god, what was I doing?" For example, somebody recently asked me: "Hey, do you want to be the co-author of an anthology with me?" I know that means: "Would you get us the authors and write a story?"

The old Renee would have been like: "Oh yeah, let me just say yes. This looks like fun. This looks like something exciting, something new," and then I would be like both feet in and wondering: "Okay. Well, what did I just sign up for?" Then I'd have to dig my way out from that hole. As I've learned working with these processes, now I say: "Well, let me think about that for a day for a week or two weeks," or however I want to think about it. The ways that you explore your inventory, your wind knots, your daily life is, can you see the harvest as something greater?

Now, for me, this ability to focus came about when I had to write a book and it took me five years and 14 edits and five editors and people really making me go back through it over and over again. The Chaos Creator in me wanted to throw it against the wall and hope it stuck and hope for somebody else to fix it. Now I can look at that. What am I harvesting? A 10-month program. Okay, so I can see something greater that yes, it requires showing up in the team and they're doing a wonderful job, and I can see something greater about this organization growing and having teachers around the world.

Whereas you could get caught in the chaos of creating it and not go for the bigger scheme. Then how do you store the seeds? How are you going to store the seeds when you're always just grabbing from the creation? One of the things that I've learned in working with, especially if you work with creators who create from chaos. I had a boss who was giving me 10 good ideas and they were all brilliant ideas. Well, as a fellow Chaos Creator, I would try to get them all done this year.

Now, I've learned that just another Chaos Creator, they do have great ideas, but you might want to put some of those ideas into the vault that you're going to get to next year or the year after. See, in chaos, there's this idea that: "Oh, if I don't do it right now, it's going to go away or somebody else is going to do it." The trick for the Chaos Creator is to really learn how to blow life into a new pattern and work with all the patterns of creation. Then looking at where that demon lives inside of you, that disruptor, that one that likes to throw the chaos into everything.

Because there's a thing between grabbing from the abyss and there's a difference when there's a disruptor, the demon style creator that lives inside of you that always wants to throw a new plan in. Chaos Creators have a trouble when the creative burst ends and you think you're never going to have another good idea. What triggers that chaos? What can you order from the chaos? How can I work better with patience? Now, you're going to explore these all month long and in the next few months. Some of you are like: "Let me get all of this and eat it right now like a big juicy veggie burger."

No. You're going to work with this. This is the course of the healing part of this property, because one of the things as healers, especially if a lot of you are healers in here already know that you don't always approach the client the same way. A lot of times I'll ask people what their birthday is only because I want to know how they absorb information. Well, if you understand their dynamic, their process of creation, you'll understand how they're going to take this healing and use this information, and it'll make you a far better healer.

The second one is Oppositional Forces, and these are the people who create an opposition and thrive in resistant winds. I thought this picture was perfect of somebody with all the ideas coming at it that you're going against. Now, I know we have some Oppositional Forces in this group. Actually, one of the people who left the group was an Oppositional Forces creator that like to create in opposition. They want to have that force to bang up against in order for them to thrive. If in that opposition there's no resistance, you get bored.

You need the opposition. For these Oppositional Forces, think about all of the people who really take strong political viewpoints. A lot of those are opposition creators, that they need that force of the opposition in order to empower their creations forward. I know Angie works with that energy. When there's something that is... especially social justice people, they've got that opposition of that social justice and that's the impetus to give that change, to create change against that opposition, and it fires and fuels people.

The opposition of the seasons can create the creator process. An Oppositional Forces might not like the winter. I know somebody who starts to count the days to the light again and actually posts it on Facebook. She needs that opposition for the time change and it's dark, so she starts counting the days to the light. I'm not quite sure what she creates in that darkness other than more opposition, but either that or she does all of her creation in the light time. Who knows? The movement of energy requires the conflict.

There's this fear that if there's no movement or no opposition, there's a stagnant force and it can create unhappiness, listlessness,

and movements that destroy your confidence and self-esteem. I was talking about that example, that fall begins the longing for the summer. The winter solstice becomes the highlight of the year, as it's a return towards light. The thing is, is we want to find that middle ground in the harvest. What lies between the bounty and the seeds?

If you find yourself somebody who likes a good fight with your spouse in order to get the energy moving, or you need that debate, you might have been on the debate team, your exploration might be, how do I align with the current season? What can I find here that works for me? How can I use this darkness to soothe my longing for the light? What rituals will help me nourish the gifts and seeds I'm storing to plant? If your goal is a little bit far out and you need that opposition to get moving, how do I put fertilizer on these plants because they won't grow until next winter?

How do I stay strong during the collapse of the structures? What forces that seemingly hold me back can I use as allies to propel me further? Process Order Creators need to understand the wind patterns before taking action. I know we have a lot of you in this group. Those are the ones who probably go more to the other people's... They like Brigid's integration session probably more than listening to me on this Saturday. I don't feel bad because one of the beauties of Brigid and I is that we have this balance and she can put order to a lot of the chaos that I can create in any given moment.

We've learned to work together so that we know that I'm going to throw the ideas at you and then she can order them. Then with the help of Kerry and Terry, by the end of the month, you're really going to have more of a better sense of what I was talking about. Because chances are that this might not necessarily change so much, but we know that I can take chaos and then order it. Oh yeah, Judy's a perfect Process Order Person. Judy is in the advance coaching, right? She sends me a list two weeks before our coaching session about what she wants us to cover.

She's thorough. I'm like: "Okay. All right," and I'll probably read it the day before. I skim it to see if there's anything I don't know, but then I look at it. We go step by step because that's how she creates and

that's what she needs for order. But she loves me, so it works out really well. The thing with the process order creation and I want to start to... Tina was talking about taking these into stories. The Process Order Creator, they all relate to wind stories.

I have a document there where I pull out a wind story for each of these avenues, but we didn't have really totally enough time to go through them all, but we will add those to the extra reading materials for this month. The Process Order Creators are a bottom up process. If you're thinking about the winds of creation stories, these are the emergent stories, the Creek winds Esaugetúh Emissée that I've been working with very much comes from the earth. It comes from the earth, and it's a step by step creation. It's a building block process....

Somebody who works more with process order, they've got next year's schedule already done. When you throw in somebody like me: "I think I'll do a wind knot class next month," they've already booked up. They're not so much about the chaos that can be created. The characters of the process order they are defined by a need. It's a need of sense and order to proceed in an organized fashion. When it comes to harvesting their dreams, they're focused on the process. Okay, is my harvester clean? Do I have all the bags ready? Is my silo ready?

They're going to collect all the seeds, then clear the field in that order. The motivation for these people stem from the order of things from the inside out. Life builds upon itself. The shadow for this is when you're working with somebody who... like probably your partners, probably because we always attract the opposite, the confusion and disarray. The shadow of this is, what do you do in the confusion and disarray? You might have a tantrum. There's a lot that goes on there. These people have the year planned. They've got all their summer vacations, back to school, the holidays.

The harvest can be seen as the continuation of the cycle and the pumpkins are picked for the pie. If you're a Process Order type of creator and you're going to actually explore all of these, so you'll go back. This is a PowerPoint you're going to want to definitely



download, because you're going to go back through all of the things you've already done and those dreams you just wrote down. You're going to look at them through the lens of all these different ones.

How do I keep course when met by adversity, chaos, or change of plans beyond my control? What is the plan B? What can I build from this year's harvest? How do I work with a crop that was ruined by nature? Very important questions to ask if you're a Process Order type creator. The Partnership With Nature. Creative movement begins with the wind walk. It's so great to watch because I see all of you in here. The Partnership With Nature begins and the creative movement begins with a walk in nature. This type of creator would never think of doing anything before they checked in with their nature.

They would wait until the timing was right to plant the seeds, and it would be informed by the subtle changes in the weather. These types of creators are far more concerned with the consciousness of the cycle itself. There's a chance that your partnership with nature in this group, if you are still sitting with your wind knots, you haven't even made them yet because you don't feel like you know that wind well enough to make your wind knots, and that you're waiting for that certain east wind to blow. The world around gives you the inspiration to move forward.

Now, we haven't gotten to the Gestation yet, but the difference between this and the Gestator is the concern for the seeds. We'll get to the Gestator next so you'll get that better. The Partnership With Nature probably takes their bulbs out and stores them and then replants them. The shadow is ignoring the co-creative aspect of nature, that you could ignore it. Nature gives you a sign like... For the Inuit, if nature gave them a sign that it was time to change locations and they weren't listening, they would be stranded on an ice island and couldn't get to their summer home.

These creator types gather the harvest for proper storage to be planted when the timing is right, and they're very accepting of the dormancy. They just consider it a part of the... If they're not moving, it's okay with them. These creators you want to ask, how do I harvest

the seeds I've sown? What can I store for winter? How do I stay connected to other people? If you're just a nature lover, you couldn't care less if there's any other people on that path with you. How do I better understand the dormancy? And what stories are worth telling? How do I restore while strengthening the structure?

The Gestation Creators are nourished by the energy source from the inner winds. The seed is always found from the depths of the inner being. It's necessary to spend time here and allow the seed to sprout and develop. Whereas a Chaos Creator is pulling from the millions of stars out in the sky, the Gestator is pulling from their inner source. They might tend to be more homebodies or people who read a lot, who are more internalized.

Now, the inner harvest comes from this dark and silent womb and ideas gradually emerge from within and manifest outwardly. There's an absolute necessity for downtime, waiting, and quiet, and the force of the wind that emanates from a single source. This is a top down creation, more like Fujin where the single source of energy emanates out. Now, with the gestation, there's a tendency to either have a premature birth, a rushing up of the process, and the embryo attaches to the chaos and is not fully formed or death.

You could either be premature or hold onto an idea too long. Holding onto an idea too long can be where you've had an idea for so long that somebody else wrote the book. An example of this is that you're concerned with the fall planting. What will grow in each season? While you might be planting your seeds for the spring, you're also thinking about what you're going to put in the garden in the fall. You tune into the seeds. You have conversation with the seeds. You're more concerned with the tulip bulb you're going to pull out than necessarily the tulip that grew.

For these type of creators, you might want to look at how can the clues of nature guide you better? For example, there's a tomato plant and they said it's a little cold to be putting it in. What clues can nature guide me? If gets up beyond 50, okay, the tomato can go in. That's good if I'm paying attention. You've been nourishing this new website forever. You've been nourishing it and nourishing it, but how

can you plant... In the spring, maybe you're nourishing the ideas for it and that's perfectly fine, or starting to get the web designer together for it.

There's a tendency to not think about, well, maybe I could launch a class in the fall instead of just in the spring. What's in that second planning? How can you nourish this physical growth in your life? How can the seeds guide you to a greater growth? What seeds from the harvest will be our fruit if you store and replenish them? Now, before we go into this, I do want to open it up for some questions, because I know there's always a lot of questions around this particular piece of work, because I want to really get clear. Brigid, why don't you come in here and help me with this?

Brigid: Okay. I'm not seeing any questions yet, but I'll keep an eye on that. I do have a question for you. It's something that occurred to me. Okay. Well, here we go. Angie has a question. Do these four emanate from directions, like create opposition north?

Renee: No.

Brigid: Okay.

Renee: The winds come from the four directions. This is the magic. This is the alchemy of understanding how to create anything.

Brigid: Is this derived because we're now moving into the south? Is this more from the needs and desires are the catalysts for the alchemy to take place?

Renee: Absolutely. Thank you. That's a great question. Is that yours?

Brigid: Well, no, I was just kind of feeding off of you with Angie's question.

Renee: Oh. Why I have them in the south and in the needs and desires is I believe everything we create is from a need. Okay? Right here you can see my new little sleeping shed. I have a need for a certain kind of line in my life. I really need clean lines. I don't like a lot of clutter. I need clean lines for things. The fact that I'm creating this sleeping shed is because of a need for me to have that kind of visual in my life, because that's where I thrive best. Now, when I go to create, that

need is in me. When I start creating I will create from chaos in all kinds of forms like...

One of the things that I do is I like to shop on the marketplace for things that I'm looking for and I start pulling.... I don't know. I'll buy a sink. I'll start pulling things in from the ether towards the creation that I'm making, but the need to have this beautiful thing that you're looking at in front of you, my garden and my path and that comes from my need to have beauty around me. Now, everybody doesn't have that same need. Other people have other needs. Give me some of your needs that are non-negotiable needs in your life.

Some of you need a relationship, partnership. Some of you need stability. Anyone? Oh yeah, Brigid needs to be heard. Let's go with Brigid's need to be heard. Okay? Because Brigid needs to be heard, everything she creates in her life will be around that need to be heard. Give us an example, Brigid, of how that works in your life.

Brigid: Well, if I'm not heard, that brings up the resistance, right? That immediately creates a conflict. For me, being heard helps me create because I'm bouncing out the sound off of another person. When I'm heard, I get the information back and then I can take action, right? That's why it's important. It's not important that you're hearing me and you agree with me. It's important that you heard me and repeat it back, so then I hear it more clearly and then I can take my action.

Renee: Okay. Her goal is to have... she just said her goal was to have more community or activities. She wants to bring people together who are going to hear her. It goes together perfectly. Tell me what is your primary dynamic that you're working with at the moment?

Brigid: I'm more of a Process Order Creator.

Renee: All right. She needs to be heard. Let me just go to her relationship. All right? Let's not go all the way to her group. Because she needs to be heard and she likes to have process order, she's probably going to be a type of person who's going to plan that time to talk to her

partner on Thursday afternoon at 2:00 when she knows it's a good time to have that conversation. Is that correct?

Brigid: Mm-hmm (affirmative), yeah. I mean, you experience that from me all the time. Lots of questions.

Renee: Here she goes with her projections again with me.

Brigid: Lots of questions.

Renee: She'll send me stuff on Monday and if I don't get to it by Wednesday, because I haven't even looked at it... I usually look at it, whether or not I respond is one thing. I can feel her starting to get antsy. We all know these things. By Friday, the note is: "This is on the list." That need to be heard is almost more prevailing than... This is me. Can't you just figure that out yourself? Let me go onto something that's more creative. I want to get on to the next creation project, but I know that Brigid needs to be heard.

If I want to be in right relationship with Brigid, I'm going to know that as a Chaos Creator, that a lot of Process Order people tend to show up in my life that I just need to stop and attend to her needs too so her creations can continue. The guys who are building my house, every morning they see me coming in, I'm sure they try to hide behind... there's a door coming. Because I go into the cabinet and dream, think about what I want to put where and how it's going to look and how it's going to function, or that I just bought a new sink and I want to see how it's going to look.

They come in expecting to be able to put their electrical on the wall and I've put in a few new cabinets because I need to see what it's going to look like in my space that I just pulled it in from wherever. We've got other people who need to be in nature. Let me pick on Sarah. Sarah, what are you creating? What was on your list of what you want to create for the next few months?

Sarah: On my list was to... let me have a look. Just to have a really solid process or ritual as a backdrop. I can't explain it really, but to get a balance between the wind work, my spiritual practice, and just that life balance.

Renee: You look through all this life balance to get a balance?

Sarah: Yeah.

Renee: What would that look like for you to have a life balance?

Sarah: It probably looks to be more in control. I'm very dependent on the financial stability of my work, but my work...

Renee: Are you getting into the whole story? I don't want the story. What is your goal? All right. In order to have balance, you're saying you need to have X amount of money?

Sarah: Yeah.

Renee: Then you'd feel balanced?

Sarah: I feel it would empower me more to be able to have more nature around me, to be in that nature environment.

Renee: If you had more money, you think you could spend more time in nature?

Sarah: Yeah.

Renee: That's interesting... I would work with that one, but what is your primary dynamic? Are you a Nature or are you a Gestator?

Sarah: Gestator for sure.

Renee: Yeah, because I could just see the way you're telling the story and you want to sit in the story to get this. The issue with somebody who likes to gestate these ideas is that your work is to... I'd like for you to take... What are three action steps you're going to take to double your income in the next year? Let's go for 10% in the next three months.

Sarah: Yep.

Renee: And not thinking about it so for you as a Gestator who can think about it and swim in it what three action steps would you take.

Okay list those down.

Okay? Perfect. All right. Let's see. Who else has one that I think would make a good example? What about... Okay, Michelle, you need peace. Come on up. Because if I remember listening to your introduction yesterday, you might need peace, but you seem pretty busy.

Michelle: Yes. My goal is to walk away from my work environment just to be more. I want to be more in nature and not have a schedule and not have a clock. I want my own clock. Turn the clock off.

Renee: You're rebounding. Are you on here twice? What was your principal dynamic?

Michelle: I'm not really sure, to be honest. What do you mean by that?

Renee: Which one did you just wrestle more with, Chaos, Oppositional Forces, Process Order?

Michelle: No, I'm not Chaos. No.

Renee: No, but what one did you...

Michelle: Probably Nature. There's two of them there, the Nature and my inner knowing.

Renee: The Gestator and Nature. The difference between them is the gestation person is more concerned with the seeds that they're planting and the nature one has more of a cooperating with nature. Do you hold your seeds, or do you have to go in nature for your answers?

Michelle: I go to nature for my answers.

Renee: Okay. You're saying you want to spend more time in nature, right?

Michelle: Mm-hmm (affirmative).

Renee: For you, your work would be to find out from nature what is that time that nature wants you to spend there and find out why. Maybe it needs to become more of a priority than an afterthought. Instead of a goal to, maybe it's the way of living through. Does that make sense?

Michelle: Mm-hmm (affirmative). Definitely, yes.

Renee: If you could spend more time in nature, maybe your schedule wouldn't feel so disorganized. From you, I would definitely start to think about more of moving from that linear time into a more cyclical time. Whereas maybe in the spring you get really ramped up and you do a lot of sessions in the summer. Then come winter, you give yourself a bigger gap, or you pace yourself based on the availability of nature to you.

Michelle: Mm-hmm (affirmative). Definitely.

Renee: All right. Does that make sense?

Michelle: Because I feel when I'm out in nature... Definitely, yes.

Renee: What do you feel when you're out in nature?

Michelle: Well, I'm ruled by the clock due to the nature of my work. Everything is timed, scheduled. I just feel like I'm rushed.

Renee: Then you're trying to live in two clocks. Now, if you set your schedule based on that I need a full day in nature, I don't book anyone on that day. Who's setting the schedule, you or the client? This might need some cooperation.

Michelle: Yeah, that's what I'm working on...

Renee: Your goal is to set a schedule that allows you to have how many hours a week in nature?

Michelle: I need a lot of hours in nature.

Renee: But in three months, how many hours a day do you want to be able to spend in nature?

Michelle: In three months, I can't do that.

Renee: See?

Michelle: I have to work that out.

Renee: I don't want you to answer that today, but I want it to be a goal. I want you to figure out what you need a week in nature. One of the exercises I sometimes use for that... Brigid, remind me to maybe put up the pie chart exercise where people see actually how they're



spending their time as opposed to how they want to be spending their time. This would be a good time for that pie chart. No answers needed. I think that that's really good. All right.

Michelle: Thank you.

Renee: You're welcome. Anyone have a burning desire? I have time for one more. Oh, thank you, Judy. Do you want to go, Judy? I just saw that you... You're pretty clear on your goals. I think you're probably a Process Order type of person.

Brigid: Can I just share one thing as she's getting ready to hop on?

Renee: Okay.

Brigid: Even in these conversations, there's a sense of resistance or even procrastination. I would use the word procrastination, right? Procrastination to me is another opposition. It's something we use to push up against. When you think about: "Oh, I don't want to clean my house. I don't want to clean my house," and then you just clean the house, right? You pushed up against it for so long until you go and do what needs to be done. Does that make sense, Renee?

Renee: Yeah. Well, that's always one of our resistances, because you heard everybody I brought in. They try to explain it away with their story and why they couldn't or why they could or whatever. If we're going to the place of creation, remember this, everything is possible. I mean, right now Michelle just said: "I can't put a time on how much I want to be in nature." That limits the ability to create. I don't put any limits on my ability to create so everybody on the whole island is in awe that I have two contractors working for me in one yard when most people are waiting 5 to 10 months to get the electrician over here. Because I don't see the opposition of this creation. I don't see it. I just have unlimited... there's like: "Okay, I just pull this and pull this and pull this and it just keeps flowing." My resistances are other types of things, but I'm a really good creator. I'm not sure what, Angie, you're talking about with Chaos Creators who work in opposition. A false notion what creates in... Please explain this because to me it sounds like opposition.

Angie: What I was thinking is I'm a Chaos Creator and I love to go up against opposition. But in the three knots, I realized that the mere notion of looking at it as opposition is problematic to the issue of creation. If you look at it from a different perspective than the oppositional, you get more creation if you're a Chaos Creator.

Renee: Well, I think that probably opposition and chaos kind of like they're two sides of a flip of a coin in a certain way, but where you got to look at is, and I've seen this with you, is that the opposition gives you the juice. I would look at where the opposition gives you the juice to fight or to make change, as opposed to where the ideas come in from the ether that that seems like a good idea. Does that make sense? Sarah says that the resistance can be with her permission to create. Okay. I'm going to take that away. I'm giving you all permission now to be creators.

I will tell you this, it was taken away long about the time Christianity came into being and we decided one god was true and the rest were false. Around there. It was Christians. It was the Muslims. It was all of them. Had to have one true god, so everyone else's god was false. At the same time, we move from the outside to the inside. We needed an intermediary so our permission to create was taken away at that time. Okay?

Now, I'm asking you to come back 12,000, 14,000 years into the future where that's been stunted growth for all of us and say: "Okay. Now I'm asking you to create and manifest and alchemize, like Ilmarinen that pulls from the smithy, the golden doll, the salt." First of all, I'm asking you to get really, really clear on what you need. What you need. Some of you need to be seen. Some of you need nature. Some you need to be sacred. Find that underlying need that drives your soul. Find one to start with.

I have a friend who...I'm sure it's food. If you change the menu, it's change... Something that drives you every day to create. She cooks for herself all the time. Figure out what those goals are and see if they're aligned, first of all, to your need and how you create, and then we're going to plant seeds from there. Does everyone get really clear going through these people's wishy-washy, almost, well, maybe if I

could? Everyone, I want you to put, before we go on this journey, one thing that you want to create in the next three months. Don't give me anything airy-fairy.

I want one thing that you're going to put into form. Like, I'm going to have my bed in that sleeping shed and taking a hot shower in the bathroom after I cook myself a meal. That's what I'm going to create. What are you going create? Put it in here before we go on our journey. I see a few of them. Good. Okay. Nice. See how we've gone from at the beginning where it was like... now we're getting clear. Now you can all have something to measure your progress by. Make sure we download this chat, Brigid. Okay. Nice. Okay. Okay. All right.

Do you see? Now you've got a goal for three months. They all look measurable. They all look measurable. They all look perfect. Nice. Good. Okay. Angie's got lots of goals. Just one for this one. All right. All right. Now what we're going to do is we're going to go on... Nice. I'm waiting for Kerry to put in how many stories she's going to have written. Maybe she's left. All right. Now we're going to go on a journey into the sacred garden.